

THE HERMIT FOOT SUPPORT.

Every nurse knows the difficulty of preventing a patient who is weak and exhausted from slipping down in the bed, and many devices have been tried but few are at all satisfactory.

It is, therefore, with special pleasure that we call attention to a device, recently put on the market, called "The Hermit Foot Support," which appears to serve this purpose perfectly. It is the invention of Mr. Herbert Mitchell, Lady Royde Hall, Hollybank, Bradford, and it has the great merit of simplicity. It is placed at the bottom of the bed, and can be adjusted in three separate positions, and not only affords comfort as a foot rest, but rests the muscles of the back. By means of the Foot Support the whole tension is taken away from the bottom of the back, thereby relaxing the muscles there, and consequently giving a more comfortable position when sitting up in bed. The support can be adjusted to rest the feet and body at any distance from the bottom of the bed by means of the racking contrivance. It is light, portable, and strong. Another advantage is that it holds the body perfectly firm, and prevents any slipping when sitting or lying in bed. It can be delivered in the collapsible instead of the rigid form, if necessary. It is recommended for the comfort of passengers on long sea voyages.

The Foot Rest can be obtained from Mr. Herbert Mitchell, from the above address, or in London from A. E. McLean and Sons, 37, Aldwych, W.C.2. The price of the new surface model, which can be adjusted in three separate positions, is £2 2s., or with canvas case £2 10s., or another model for £1 15s.

IN PRAISE OF BREAD.

Mr. G. H. Hallam, in a letter to the *Times* from S. Antonio, Tivoli, Rome, writes:—

"Among the various ways in which agriculture is encouraged by the present Government of Italy is the institution of a yearly festival for the glorification of bread, with a hymn in its praise, to which Signor Mussolini has appended his name. The festival is held on April 13th and 14th, and the 'hymn' is one which surely no one but a countryman of St. Francis could have conceived. It is printed on cards, which may be seen on many cottage walls in all parts of Italy. Below is a translation."

IN PRAISE OF BREAD.

Italians!

Love Bread.

Heart of the home,
Perfume of the table,
Joy of the hearth.

Respect Bread,

Sweat of the brow,
Pride of labour,
Poem of sacrifice.

Honour Bread,

Glorious of the fields,
Fragrance of the land,
Festival of life.

Do not waste Bread,

Wealth of your country,
The sweetest gift of God,
The most blessed reward of Human toil.

—MUSSOLINI.

OUTSIDE THE GATES.

Under the patronage of their Majesties King George of England and King Christian of Denmark, it has been decided to erect a memorial to her late Majesty Alexandra, Queen of England and Princess of Denmark, in the English Church in Copenhagen, of which her Majesty was the founder, and in which she was a constant worshipper. In addition to the memorial, which it is proposed to place in the north aisle of the church, any work that may tend to complete or beautify the edifice will also be carried out, should there be funds sufficient for this purpose. Subscriptions should be sent to Mr. Steensen Lett at the Danish Legation, 29, Pont Street, S.W.

Much interest is aroused in Mr. Reginald Berkeley's play, "The Lady of the Lamp," presented at the Arts Theatre Club of London, 6, Great Newport Street, W.C., until and including January 13th, each evening, with a matinée on Friday, January 11th. Tickets are obtainable only through members, a list of whom can be seen at the above address.

Miss Edith Evans is playing Florence Nightingale, and Mr. Eille Norwood, Lord Palmerston.

Lady Dawson of Penn, who recently presided at a dinner at Grosvenor House, Park Lane, London, W., in aid of the Princess Elisabeth Hostel, Cromwell House, Highgate Hill, was able to make the satisfactory announcement that £15,000 had been collected, which with other subscriptions, amount to the £25,000 which had been asked for.

Romance a rare, and fidelity a precious, quality, were among the fine characteristics of the late Lord Lambourne, who, since the death of his wife, five years ago, always wore in his button-hole, in place of a red carnation, a sprig of myrtle from a bush grown from a sprig in the wedding bouquet of Lady Lambourne.

The National Committee, constituted to organise the celebration of the fifth centenary of Saint Joan of Arc, has decided to place early this year commemoration stones in every part of the country visited by Saint Joan.

The following quaint inscription, which is to be found on a tablet in the porch of the ancient Cathedral Church of Ottery St. Mary, near Sidmouth, may be of interest to our readers. It directs that by the will of Mr. Axe, 1691, the profits of the sale of certain premises should be applied to some man or woman of exemplary life and some skill in physick and surgery, who should industriously endeavour to help all the poor of Ottery gratis in cases of sickness till better advice could be had.

The Clerk's wife, the Minister's wife, the Vicar's wife, before any other, "if she be very fit," or if as fit as Mrs. Alford, the late Vicar's wife."

COMING EVENTS.

January 17th.—Queen Mary's Home for St. Bartholomew's Nurses. Opening of the New Recreation Rooms by the Lord Mayor of London. St. Bartholomew's Hospital, London, E.C. 2 for 2.15 p.m.

January 18th.—General Nursing Council for England and Wales. Monthly Meeting. 20, Portland Place, London, W.1. 2.30 p.m.

January 19th.—The British College of Nurses. Council Meeting. 39, Portland Place, London, W.1. 2 p.m.

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